

# Pills for Longevity

**Wednesday, December 11, 2024** 12-1 p.m.

## Target Audience

All interested healthcare professionals are welcome.

## Learning Objectives

- Discuss the importance of randomized trials.
- Review evidence that vitamin supplements show no benefits for slowing aging or preventing disease.
- Consider evidence that vitamin D supplements are not effective in promoting longevity.



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## Register

To register or to learn more, please visit  
[suttermd.com/virtualgrandrounds](https://suttermd.com/virtualgrandrounds).

## How To Join

Visit our website or use this information to join the seminar on the day of the event:

Meeting link: [meetsutter.zoom.us](https://meetsutter.zoom.us)

Meeting ID: 959 6117 3609

Passcode: 389905

*Continuing Education Units are not guaranteed for each event.*

*All registered attendees will receive notification of eligibility.*