

Principles & Practice of Clinician Leadership 1 (PPCL1)

Essential Skills for Healthcare Leaders of Today and Tomorrow

2024 Program Information



Formerly known as *Introduction to Physician & APC Leadership (IPAL)*, PPCL1 reinforces the practical skills and personal development which successful leadership at any level is built upon. Participants will learn about individual and group behaviors that lead to high performance. PPCL1 is a prerequisite for Principles and Practice of Clinician Leadership 2 (PPCL2).

Target Audience

New and “first-level” physician and advanced practice clinician (PA-C, NP, etc.) leaders who have been in leadership roles at least six months or are preparing to take on new leadership roles. Participants may be new to leadership, new to Sutter, or seeking educational opportunities to become more effective leaders.

Spring Cohort		Fall Cohort	
Session Descriptions	Session Dates	Session Descriptions	Session Dates
1 – Leadership Mindset	Fri., March 15	1 – Leadership Mindset	Fri., September 20
2 – Leading Myself	Fri., April 5	2 – Leading Myself	Fri., October 11
3 – Leading Others	Fri., April 19	3 – Leading Others	Fri., October 25

Format / Time Commitment

All sessions take place virtually through Zoom and are 7.5 hours long (8:30am – 4:00pm). There are regular breaks (including lunch) during that time. Participants are required to clear their calendar of other obligations on class days to enable full participation. There is approximately one (1) hour of independent work required between sessions. **Completion of all sessions is required for continuing education credit and PPCL2 eligibility.**

Through the program, participants will:

- Learn the critical importance of clinician leadership at Sutter Health
- Build essential skills and access helpful tools for effective leadership
- Understand the importance of aligning skills, concepts and tools to succeed in organizational initiatives
- Synthesize team building and change management tools
- Practice and apply what is learned inside and outside of the classroom



Learning Objectives:

- Develop an Individual Development Plan
- Discuss the characteristics of a Growth Mindset
- Associate the importance of clinician leadership at Sutter Health with the key results, values, culture
- Identify how one’s energy impacts their work, learning and interactions with others (5 Dynamics)
- Recognize the 4 Quadrants of Emotional Intelligence
- Establish importance of resilience in leadership
- Adapt mindfulness into leadership practice
- Implement active listening strategies to improve influence
- Implement humble inquiry strategies to improve influence
- Identify strategies to build an effective team
- Establish practice of trust building behaviors
- Practice engaging others in healthy dialogue
- Integrate the change management model into change management processes



In support of improving patient care, **Sutter Health** is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team. Provider Number 12691.

Program Enrollment:

Interested participants should speak with their supervisor or a sponsor who supports their leadership development, then complete the [PPCL1 Enrollment Form](#). Participation is prioritized for those identified in formal succession plans followed by a first-come/first-served basis. Please contact shpld@sutterhealth.org with questions.