

Sleep Solutions for Healthcare Practitioners

Wednesday, September 13, 2023

12 – 1 p.m.

Target Audience

Physicians, advanced practice clinicians, nurses and all interested care staff are welcome.

Learning Objectives

- Recognize the role of sleep in health.
- Identify common issues that cause sleep deprivation, especially in healthcare providers.
- Discuss sleep deprivation's impact on healthcare professionals' performance.
- Consider strategies to avoid sleep deprivation.



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Register

To register or to learn more, please visit
suttermd.com/virtualgrandrounds.

How To Join

Visit our website or use this information to join the seminar on the day of the event:

Meeting link: meetsutter.zoom.us

Meeting ID: 924 2622 8568

Passcode: 796122

Continuing Education Units are not guaranteed for each event. All registered attendees will receive notification of eligibility.