

Preparing for Your Procedure

To help minimize the chance of spreading Coronavirus (COVID-19), please follow these guidelines before your procedure. The guidelines also apply to the person who will be bringing you to and from surgery and assisting you at home afterward.

- Continue to **protect yourself from others** in the community. If possible, avoid leaving your home or contacting anyone outside of your household.
- Follow **physical distancing** and **hand-washing guidelines**.
 - Stay at least 6 feet away from people who don't live in your household. Wear a mask or kerchief when you are in public.
 - Wash your hands frequently using soap and water for at least 20 seconds or use an alcohol-based hand sanitizer that contains at least 60% alcohol.
- Check for symptoms daily and call your doctor if you have any of the following:
 - A fever greater than 38.0 Celsius or 100.4 Fahrenheit.
 - New respiratory symptoms (cough, sore throat, shortness of breath).
 - New onset of abdominal distress or pain.
 - Unexplained body aches and pains or new onset of headaches.
 - Loss of smell or taste.

What is **[affiliate]** doing to prioritize your safety?

We're following the highest standards of safety for our patients and healthcare workers. These include:

- Screening and testing all surgery patients for COVID-19, as necessary.
- Mandatory masking for staff, clinicians, patients and visitors upon entry into our care sites.
- Maintaining a limited visitation policy to reduce possible exposure to our patients and staff.
- Maintaining robust supplies of personal protective equipment (PPE) and ensuring appropriate usage.
- Enhanced cleaning and disinfecting throughout the hospital.
- Reinforcing the need for physical distancing in preprocedure and postprocedure areas to the greatest extent possible.

(continued)

Are visitors allowed?

[Affiliate] is committed to the health and well-being of our patients, caregivers and community.

During the COVID-19 public health emergency, it's critical that we protect vulnerable patients in our hospitals, as well as healthcare workers and doctors. Visitors may unwittingly pass the virus to staff and patients, even when they aren't showing symptoms. Therefore, we may limit visitors. Please check with your hospital or care site about their visitation policy.

[Affiliates: Please drop your own visitation policy into this bullet point if you wish.]

What can you expect on the day of your procedure?

[Affiliates: Please customize this so it accurately reflects your facility.]

Please arrive at the front entrance of the hospital. At the Summit campus, the entrance is up the circular driveway, at 350 Hawthorne Avenue. At the Alta Bates campus, the entrance is on Colby Street, just off Ashby Avenue.

When you arrive, you'll be greeted by our front desk staff and our team. They'll ask you to use the hand sanitizer provided and replace your

current mask with one we'll provide. They may take your temperature and will ask COVID-19 screening questions.

From there you'll go to our registration area to be admitted. When your admission is complete, our registration representative will direct you to the preoperative (preop) area.

Please give your preop nurse contact information for the person you have designated to take you home, as well as information about who will care for you once you return home.

When you arrive in our preoperative department, you'll be asked additional COVID-19 screening questions as well as specific questions about your medical conditions.

After your procedure, you'll recover in our post-anesthesia care unit. When you are ready, you'll be taken to either your hospital room if you're staying overnight or to the perioperative unit to wait for your ride home. You'll receive comprehensive discharge instructions and we'll coordinate pick-up with your designated person.

We want to thank you in advance for your cooperation and consideration, and we look forward to caring for you.